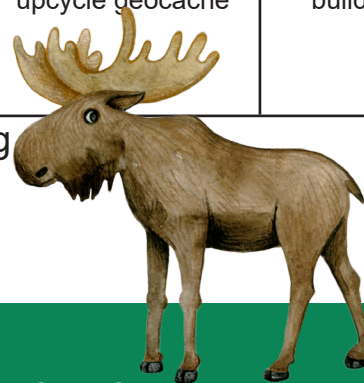


# 28 Days of Activities

activities to keep busy during school closures from Covid-19 outbreak

<p><b>DAY 1</b> Create a journal with your child to record each days activity. They can decorate the front page.</p>	<p><b>DAY 2</b> Take a pail outside and collect rocks. Bring them inside to paint (can make flower designs, monsters etc.)</p>	<p><b>DAY 3</b> Design a fairy house or superhero lair. Draw it out first and then make it with various craft materials.</p>	<p><b>DAY 4</b> Make some ecards and send them to people to help them from feeling lonely. <a href="https://pbskids.org/daniel/games/make-a-card">https://pbskids.org/daniel/games/make-a-card</a></p>	<p><b>DAY 5</b> Create tic tac toe game on the ground with tape, string, or chalk and use a ball or frisbee to play.</p>	<p><b>DAY 6</b> Bake Cookies and enjoy a playdate over Skype with a friend and their kids.</p>	<p><b>DAY 7</b> Movie Day. Give yourself a big long break and watch a movie. (Do this anyday to keep your sanity)</p>
<p><b>DAY 8</b> Set up a tent or a fort inside the house or in the backyard. Then, let the kids play.</p>	<p><b>DAY 9</b> Drive to a local trail and take a walk or a hike.</p>	<p><b>DAY 10</b> Print off a nature scavenger hunt or a colour nature scavenger hunt from on-line and go exploring</p>	<p><b>DAY 11</b> Have a picnic lunch in a field, backyard or on a trail.</p>	<p><b>DAY 12</b> Take a pail outside and collect pinecones and sticks. Paint the pinecones and attach the sticks to create flowers.</p>	<p><b>DAY 13</b> Create a story. For inspiration, write a story about one of the characters on this page!</p>	<p><b>DAY 14</b> Break Day. Connect with a friend over the phone while the kids entertain themselves or watch a show.</p>
<p><b>DAY 15</b> Have a campfire in the backyard or go to a local picnic spot to set one up.</p>	<p><b>DAY 16</b> Go for a bike ride. Make sure to bring lots of snacks and water.</p>	<p><b>DAY 17</b> Go geocaching. Download one of the free apps. Use gloves to handle the geocache if your concerned about contact</p>	<p><b>DAY 18</b> Go outside to collect leaves, flowers, sticks, etc. Go inside to make a nature cutting tray where kids cut. After they can make a craft.</p>	<p><b>DAY 19</b> Collect nature items like twigs, pine cones, flowers etc and make nature crowns! Or make crowns out of paper at home.</p>	<p><b>DAY 20</b> Photo Fun. Go outside and take only 10 photos. Print the photos off and attach them to your journal. Then, write about why you chose the photos.</p>	<p><b>DAY 21</b> Surprise food creation. Let your kids create a food dish on their own with whatever foods they want to mix together.</p>
<p><b>DAY 22</b> Go outside for a family run.</p>	<p><b>DAY 23</b> Go on a backyard bug hunt or bird watching adventure.</p>	<p><b>DAY 24</b> Make a bunch of different paper airplanes. Then go outside and see which ones fly farthest.</p>	<p><b>DAY 25</b> Make your own upcycle geocache</p>	<p><b>DAY 26</b> Play a Boardgame or build a puzzle.</p>	<p><b>DAY 27</b> Go for a walk and play eye spy.</p>	<p><b>DAY 28</b> Play balloon Volleyball.</p>



Connect and share your activities and stories by tagging  
**@borntobeadventurous on Instagram**  
 or messaging  
**@borntobeadventurous on Facebook.**