

### Children`s Wellbeing 0-5 years

To support children`s wellbeing in the forthcoming weeks, useful contacts and information are listed below. These will support you and your families whilst your settings remain closed. This information will be updated as necessary.

#### Numbers to share with families: -

- Social Care Direct - 0131 200 2324

Opening hours Monday-Thursday 8:30am-5pm

Friday 8:30am-3:55pm

[socialcaredirect@edinburgh.gov.uk](mailto:socialcaredirect@edinburgh.gov.uk)

Emergency Social work service – (out of hours) – 0800 731 6969

- Police Scotland Edinburgh – 01786 289070

Emergency police – 999

Police text phone – 18000

Police 101

- Domestic abuse helpline – 0808 802 3333
- Children 1<sup>st</sup> – 0131 446 2300
- NSPCC – 0808 800 5000
- Samaritans – 116123 or [jo@samaritans.org](mailto:jo@samaritans.org)
- Parent line Scotland – 08000282233 Home Link – voluntary agency offering advice or support for families – 0131 661 0890
- Home Start – voluntary agency offering advice or support for families – 0131 564 1540
- Cedar – voluntary agency offering advice or support for children affected by domestic abuse – 0131 315 8116/ 07850515283

- Circle – voluntary agency offering advice or support for families – 0131 552 0305
- CHAI- voluntary agency offering advice, housing support and employability support – 0131 442 1009