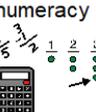
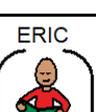
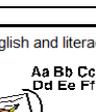
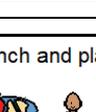
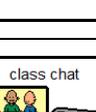
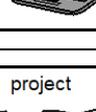
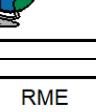
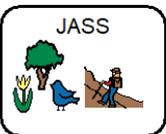


## More information about the weekly timetable

<p>exercise</p> 	<p>We start our mornings with a wake up shake up! On Monday, Wednesday and Friday this is watching and joining in with PE With Jo Wicks. On Tuesdays and Thursdays we follow a Cosmic Kids Yoga video. Check your space is safe before starting. Family members can join in too!</p>
<p>drink</p> 	<p>Phew! That was hard work. Have a drink and get ready for maths.</p>
<p>numeracy</p> 	<p>Every class in the school is now doing maths, but your class teachers have given you different tasks.</p>
<p>breaktime</p> 	<p>Refuel! Now would be a good time to have a snack and a drink</p>
<p>ERIC</p> 	<p>ERIC stands for Everyone Reading In Class. You may choose to read a few pages of your chapter book, or maybe a family member could read you a story. Your teacher may have even put a video of someone reading a story on your blog.</p>
<p>English and literacy</p> 	<p>English and literacy. Your class teacher has given you different tasks.</p>
<p>Lunch and play</p> 	<p>What a busy morning! Time to refresh our brains and bodies.</p>
<p>topic</p> 	<p>Every week a different teacher will be leading a whole school seasonal topic.</p>
<p>class chat</p> 	<p>We are hoping to introduce live group calls at the end of the day. When the school is ready to start this, you will receive an email explaining which group you are in. On your allocated day, turn up and say hello to your friends and class teacher!</p>
<p>project</p> 	<p>Welcome to World Month! Every class has been allocated a continent. On Tuesday and Wednesday afternoons you will research and learn all about your continent.</p>
<p>RME</p> 	<p>RME stands for Religious and Moral Education. As well as studying Christianity (as the curriculum specifies) your class may have also been allocated a world religion.</p>

 <p>Spanish</p>	<p>Everyone in our school learns Spanish as our modern language.</p>
 <p>Building Resilience</p>	<p>Building Resilience is led by our Support For Learning teacher Ms Finlayson. We follow a character named <i>Skipper</i> who, through experiencing different challenges, is learning to be resilient.</p>
 <p>JASS</p>	<p>JASS stands for Junior Award Scheme for Schools. There are 4 sections; <i>Get Active Stay Active, My Interests, Me and My World and Adventure</i>. This is led by Mr Madine.</p>
 <p>golden time</p>	<p>Yes! You still have <i>Golden Time</i>! You choose how you want to spend this time.</p>
<p>Fantastic Fridays!</p>	<p>Every Friday your teacher will be sharing <i>WOW</i> work on your blog. Did your work make it? Make sure to send your photos of activities or work to <a href="mailto:Admin@royalmile.edin.sch.uk">Admin@royalmile.edin.sch.uk</a> by Midday (12:00) on Thursday if you want it included. Please write in the subject who it is for and from e.g. "For Miss Copeland from Santa"</p>