

Mental Agility Activity Sheet Primary 2

Counting Forwards and Backwards

Choose any task to 'have a go' at from the grid, '1 chilli' means it is a **mild** challenge. If you feel you are "getting there" why not try a '**spicy**' or '2 chilli' challenge. If you really want to challenge yourself try a '3 chilli', or '**hot**' challenge. *If you come up with your own challenge you can add it to the grid.*

You can either colour in the chillies or the block on the grid, or tick to show your teacher what you have chosen to work on.

Remember to choose how you want to practice the skill from Say, Write, Make, Do: e.g.

- Say the answers aloud, sing songs to practice counting forward or backwards
- Write the numbers out e.g. 40, 50, 60... use chalk, paint or any other way of recording including digital technology
- Draw items e.g. tally marks, pairs of socks, make posters or story books
- Count using items e.g. screws, cutlery, coins, pens...

Count forwards in 1s (or 2s) to 10. 	Count backwards in 2s from 10. 	Count forwards starting at different numbers e.g. start at 28 and count up to 34 	Count forwards in 2s to 20 
Count in 10s forwards from 0 to 100. 	Try stopping and starting at different points when counting forwards or back in 10s e.g. 30, 40, 50, 60 Stop 80, 70, 60, 50, 40, 30 Stop. 	Say the next decade number e.g. Parent "20, 30, ?" Child "40" 	Say the missing decade number e.g. Parent "100, 90, 80, 60, 50, 40" Child "70" 
Count backwards in 2s from 20 	Count backwards starting and stopping at different numbers e.g start at 34 and count back and stop at 26. 	Count backwards in 10s from 100 to 0. 	Count forwards in 10s off decade numbers e.g. 3, 13, 23, 33.... 
Count backwards in 10s off decade numbers e.g. 49, 39, 29, 19, 9.... 	Play Snakes and Ladders, try to work out where you will land before you move. Are you counting on or back each time? 		